

## AMÍ LÁGMÖRK 2024

### KARLAFLOKKUR - aldur miðast við almanaksár (31. desember)

15 ára (2009)	25m braut	50m braut	16,66m braut
200m skriðsund	02:33,92	02:36,99	02:30,84
200m fjórsund	02:57,52	03:01,07	02:53,97
14 ára (2010)	25m braut	50m braut	16,66m braut
200m skriðsund	02:43,26	02:46,52	02:39,99
200m fjórsund	03:09,35	03:13,13	03:05,56
13 ára (2011)	25m braut	50m braut	16,66m braut
200m skriðsund	02:55,30	02:58,81	02:51,80
100m fjórsund	01:35,70		
12 ára (2012)	25m braut	50m braut	16,66m braut
100m skriðsund	01:27,88	01:29,64	01:26,13
100m fjórsund	01:42,96		
11 ára & yngri (2013)	25m braut	50m braut	16,66m braut
100m skriðsund	01:37,63	01:39,58	01:35,68
100m fjórsund	01:52,59		

### KVENNAFLOKKUR - aldur miðast við almanaksár (31. desember)

15 ára (2009)	25m braut	50m braut	16,66m braut
200m skriðsund	02:40,13	02:43,33	02:36,93
200m fjórsund	03:02,53	03:06,18	02:58,88
14 ára (2010)	25m braut	50m braut	16,66m braut
200m skriðsund	02:45,93	02:49,25	02:42,61
200m fjórsund	03:09,98	03:13,78	03:06,18
13 ára (2011)	25m braut	50m braut	16,66m braut
200m skriðsund	02:54,60	02:58,10	02:51,11
100m fjórsund	01:33,79		
12 ára (2012)	25m braut	50m braut	16,66m braut
100m skriðsund	01:26,03	01:27,75	01:24,31
100m fjórsund	01:39,12		
11 ára & yngri (2013)	25m braut	50m braut	16,66m braut
100m skriðsund	01:35,23	01:37,14	01:33,33
100m fjórsund	01:50,04		